DISTINGUISHED SERVICE AWARD Physical and Mental Health—Large Chapter

Denver Alumnae Chapter

The Physical and Mental Committee (PMC) of Denver Alumnae Chapter participated in several events during the sorority year. The committee began by participating in the Destination Health Walk hosted by The Center for African American Health. Next, the committee participated in the St. Jude Walk. The purpose of the St Jude Walk is to bring awareness to childhood cancer and illnesses.

The PMC passed out pamphlets about Anti-Bullying & Teen Suicide at the Mile-High Step Show.

The PMC partnered with World Aids Day by donating whole grain cereals and decorated meal bags for Project Angel Heart.

The committee partnered with the Delta-rettes, the Chapter's singing group, to sing at the Forest Street Nursing Home. Sorors brought donations of socks and undergarments. Members of the committee represented the chapter at a Cyber Bullying Forum that was facilitated by Colorado State Senator Rhonda Fields.

Members of the committee walked in the March of Dimes Walk & donated over \$500 to March of Dimes.





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